



What's Happening in the Gym

It is an exciting time in the gym as we roll through our gymnastics unit! Students will continue to practice and refine their balance skills this month by working on single and partner balance poses, and using different types of balance equipment. Students will also be rolling down wedges, traveling along mats, jumping off springboards, climbing over bench boxes, and swinging across ropes.

Grade 5 soccer intramurals will continue into December at lunch recess. Listen for your class on the morning announcements. I would like to thank all my grade 5 soccer helpers, coaches, and referees for doing an amazing job working with the younger grades. Your help was greatly appreciated!

Plickers

This month, students will be introduced to plickers in the gym. Plickers are a great assessment tool that can be used as a quick self-assessment check-in, or to assess student's knowledge by asking multiple choice questions. Each student will be assigned a plicker with a unique image on it. Depending on which way the student turns the card, the image will register as a different answer when scanned. It takes only seconds to collect the data that can be stored for viewing later.



Curriculum Outcomes

Grade Two Outcomes:

SCO 1.1 Link movement concepts to various movements.

SCO 1.2 Refine a variety of movement principles related to balance skills.

SCO 3.1 Demonstrate emotional and social skills that apply to the learning and performance of physical activity.

Grade Three Outcomes:

SCO 1.1 Develop movement concepts with a variety of movement activities.

SCO 1.2 Explore movement principles related to balance on a variety of steady and unsteady surfaces. SCO 3.1 Apply emotional and social skills that apply to the learning and performance of physical activity.

Grade Four Outcomes:

SCO 1.1 Apply movement concepts with a variety of movement activities.

SCO 1.2 Identify movement principles related to balance on a variety of steady surfaces, unsteady surfaces.

SCO 3.1 Select emotional and social skills that apply to the learning and performance of physical activity.

Grade Five Outcomes:

SCO 1.1 Refine movement concepts with a variety of movement activities.

SCO 1.2 Apply movement principles related to balance on a variety of steady surfaces and unsteady surfaces.

SCO 3.1 Model emotional and social skills that apply to the learning and performance of physical activity.

